

So... What's Nu ? Mazeltov!

Barmitzvah

Lance, son of Andrew and Mandy Chananie on the occasion of his Barmitzvah, grandson of Mervyn and Anna Chananie

Batmitzvah

Kiara, daughter of Andrew and Mandy Chananie on the occasion of her Batmitzvah, granddaughter of Mervyn and Anna Chananie

Births

Gary and Lara-Jade Cohen on the birth of a son
Hylton and Maxine Cohen and Brian and Rhonda Sher on the birth of a grandson

Selichot

Saturday night service at midnight
Sunday morning service at 7am.

Seats for Rosh Hashanah

Main Shul – Are you looking for a temporary seat in the main Shul for a family member or a friend? Contact Harelle on e-mail

harelle@sandtonshul.co.za

MiCommunity Hall Minyan – Bookings for the Hall minyan have opened. Contact Devorah between 12h00 and 14h30 or e-mail micommunity@sandtonshul.co.za to book your seat

Our Sandton Jolly Seniors Club

Is on recess until after Simchat Torah

Condolences

We wish a long and a good life to Edith Hummel on the loss of her dear husband Basil and to Marc, Brett and Keren on the loss of their father

We wish a long and a good life to Marc, Shaun, Warren and Shareen Lazarus on the loss of their father Mathew

Got a Halachic Question?

Need a quick answer?

Sms or WhatsApp Rabbi Shaw on 0726966535 or e-mail davidshaw@sandtonshul.co.za

SECURITY

CSO Security / Medical Emergency & Information Number: 086 18 000 18

QUOTE FOR THE WEEK:

The best way to find yourself

is to lose yourself in the service of others.



Edited by Rabbi David Shaw
Published by Sandton Shul
Telephone No: 011 8834210

E-Mail: sandtonshul@sandtonshul.co.za

Make the Connection

כ"ט

1 September 2018
21 Elul 5778

Candle Lighting: 5.37pm
Parsha: Ki Tavo
Mincha: 5.10pm
Havdalah: 6.27pm
Haftorah: Lance Chananie



PARSHA PAGE NO.:
ART SCROLL:
Sedra Page 1068
Haftorah Page 1201
HIRSCH:
Sedra Page 768
Haftorah Page 917

SandtonShul

Portion of the Week: Ki Tavo

This week's portion includes: Bringing to the Temple as an offering the first fruits of the Seven Species special to the Land of Israel, Declaration of tithes, the Almighty designating the Jewish people as His treasured people (Deut. 26:16 -19), the command to set up in the Jordan River and then on Mount Ebal large stones which had the Torah written upon them in 70 languages, the command to have a public ratification of the acceptance of the Law from Mount Gerizim and Mount Ebal; the Torah then sets forth the blessings for following the Law and the curses for not following it, and concludes with Moshe's final discourse. Verse 28:46 tells us the importance of serving the Almighty with "joy and a good heart." The last verse of the portion instructs us "You shall fulfill the words of this covenant and do them so that you will succeed in all that you do!" There are 6 Mitzvot in the Parasha 3 Positive 3 Negative.

Let the honor of your friend be as dear to you as your own (*Ethics of the Fathers 2:15*).

Pride, honor, and acclaim have an attraction all their own, but our Sages warn us that these may be destructive (ibid. 4:28). The frustration people may experience when they feel they did not receive due recognition may be extremely distressing. People who crave honor may sometimes attempt to achieve it by deflating others, thinking that their own image is enhanced when others are disparaged. The truth, however, is just the reverse: when one deflates another, one's own image is diminished.

Rabbi Nechunya's students asked him, "By what merits did you achieve long life?" He answered, "I never accepted any honor that was at another person's expense." As an example the Talmud tells that when Rav Chana Bar Chanilai visited Rabbi Huna, he wanted to relieve the latter of carrying a shovel on his shoulder. Rabbi Huna objected, saying, "Since it is not your custom to be seen carrying a shovel, you should not do so now" (*Megillah 28a*).

Rav Chana was willing to forgo his own honor for Rabbi Huna's sake, but Rabbi Huna would not hear of it. Why does such an attitude merit long life? A person who is not preoccupied with his image, and is not obsessed with receiving honor and public recognition, is free of the emotional stress and frustration that plague those whose cravings for acclaim are bottomless pits. These stresses can be psychologically and physically devastating, and dispensing with them can indeed prolong life. Aptly did Rabbi Elazar HaKappar say that honor drives a man out of this world (*Ethics of the Fathers 4:28*). One who pursues honors in this world mortally harms his chance for happiness. **Today I shall...concentrate on being respectful to others, and avoid pursuing recognition from others.**

ROSH HASHANAH

...is the Jewish New Year, the birthday of mankind, when we ask the Almighty to write us in the Book of Life.



◆◆ THE SHOFAR ◆◆



On Rosh Hashanah it is a mitzvah to hear the shofar – a curved ram's horn.

The shofar is blown with three distinct sounds:

- ◆ **TEKIAH** ◆
One long, straight blast – the coronation of God as King.
- ◆ **SHEVARIM** ◆
3 wailing sounds – the sobbing heart yearning to connect.
- ◆ **TERUAH** ◆
9 quick blasts – a spiritual alarm clock.



The shofar is not blown when Rosh Hashanah falls on Shabbat.



The custom is to blow a total of 100 blasts.

◆◆ PREPARATIONS ◆◆

To begin the year with a clean slate, before Rosh Hashanah we:



Ask forgiveness from anyone we may have wronged during the year.



Perform "Hatarat Nedarim" annulling of vows.

Do a "spiritual accounting"

- ◆ **1** ◆ **Achievements** ◆
What did I accomplish this past year?
- ◆ **2** ◆ **Efficiency** ◆
Am I careful not to waste precious time?
- ◆ **3** ◆ **Community** ◆
Am I involved in contributing to bettering the world?
- ◆ **4** ◆ **Forward** ◆
What are my goals and aspirations for the coming year?

◆◆ SYNAGOGUE SERVICES ◆◆



On Rosh Hashanah, we use a special prayer book called a "mashzor."



The curtain on the ark is changed to a white one, to symbolize cleansing of our mistakes.

We greet others with:

"Shana Tova"

A good year!

In the "Amidah" prayer of Musaf, we say three special blessings:

MALCHIOT (KINGSHIP):
Recognizing God as the ultimate source of everything.

ZICHRONOT (REMEMBRANCE):
God is aware of all our actions.

SHOFROT:
God is the King, to whom we connect from the depths of our soul.

The "Tashlich" prayer – the symbolic casting away of our mistakes – is said on the afternoon of Rosh Hashanah by a pool of water that preferably contains fish.



aish.com Visit aish.com/roshhashanah for inspiring videos and articles.

The Ktav V'hakabala gives a list of behaviors to guide us in treating others as we wish to be treated:

10 GUIDELINES TO BETTER RELATIONSHIPS

1. Do not hurt people physically, financially, emotionally, or with words.
2. Care for others' needs and feelings.
3. Be genuine in caring for others because the feeling is part of the care – we are commanded to be Godly.
4. Treat people with dignity and respect.
5. Seek to honor others.
6. Greet people with gladness and seek their welfare.
7. Commiserate with others and help them in their time of sorrow or need.
8. Judge people favorably.
9. Do not be arrogant towards others.
10. Rejoice in their happiness.