

So... What's Nu ? Welcome!

Ben Swartz, Chairman of the Zionist Federation, will give the communal talk after the Brocha on Shabbos Day. His topic will be: Israel: How is this chapter going to play out?

We are delighted to welcome Rabbi & Rebbetzin Moffson who will join us for the Shabbat of the 8/9 June. Rabbi Moffson will deliver the sermon on Friday night.

Mazel tov! Barmitzvah

Aaron Ossip on the occasion of his Barmitzvah, son of Anton and Daniella Ossip, grandson of Mervyn Ossip, Charlene Goldberg and Marissa Rittoff

Got A Halachic Question?

Need a quick answer
Sms or WhatsApp Rabbi Shaw on 072 6966535 or e-mail
davidshaw@sandtonshul.co.za

Our Sandton Jolly Seniors Club

Food for thought with Rabbi Shaw!
Join us on Wednesday mornings for a fun morning!
Bring your friends!
Time: 10h00

Date	Earliest Time for Tallit and Tefilin	Latest time for Shema	Sunset	End of Shabbat
1 June	5:58:14 AM	9:26:08 AM	5:23:34 PM	5:53:21 PM
2 June	5:58:38 AM	9:26:27 AM	5:23:25 PM	5:53:15 PM
3 June	5:59:03 AM	9:26:45 AM	5:23:17 PM	5:53:09 PM

Davening Times

Shacharit
Monday and Thursday – 06h00 & 06h45
Tuesday, Wednesday and Friday – 06h15 & 06h45
Sundays and Public Holidays – 07h00

Mincha – 17h15

Rosh Chodesh / Fast Day / Chol Hamoad

1st Minyan – Davening will commence a 05h45 throughout the week
2nd Minyan – Davening will commence at 06h30 throughout the week

SECURITY

CSO Security / Medical Emergency & Information Number: 086 18 000 18

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Quote from Rabbi Lord Jonathan

Sacks

“THOUGH Israel has had to fight many wars, from the very beginning it sought peace. The Hebrew language has two words for strength: *koach* and *gevurah*. *Koach* is the strength you need to win a war. *Gevurah* is the courage you need to make peace. Israel has shown both kinds of strength. But peace is a duet not a solo. It cannot be made by one side alone. If it could, it would have been made long ago.”



Make the Connection

ת"ב

2 June 2018
19 Sivan 5778

Candle Lighting: 5.06pm
Parshat Nasso
Mincha: 4.35pm
Havdalah: 5.57pm
Haftarah: Aaron Ossip



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SandtonShul

Rabbi Suchard – From Israel

In this week's Parsha we are told how Israel travelled through the dessert. When the cloud of glory covered the tabernacle, the people encamped. When it rose, it was time to travel, 'according to G-d's mouth the children of Israel travelled and according to G-d's mouth they encamped. (Bamidbar 9:18)

One is safe when one moves under Hashem's direction and I pray to Hashem that we are following correctly. Well, reporting from Israel which is a mitzvah and a merit to be here; is your Rabbi Emeritus. We have received many calls, and emails, and have tried to contact all, especially the happenings in Sandton. To be truthful, I miss you all, the interaction and sharing of momentous occasions together. We shall still do this and be back P.G. fairly soon.

We are in Telshe Stone which is a fifteen-minute drive from Jerusalem. Two daughters live here. It has a few hundred families in the town. All the residents are religious and on Shabbat one walks freely in the street. There are many, many shuls – but they are not like Sandton Shul or any other shuls in S.A. which are close – knit congregations. No Chazan and choir in anyone of them. I miss you Avron, Maish and the choir.

We are still 'finding our feet' making many trips to Jerusalem. Ideally, we need to live in Jerusalem where I would love to host you and be active. I am presently teaching for Rabbi Tuvia Rosen who has a Kollel here in Telshe Stone.

To end off with a short Devar Torah:

In this portion we find the mitzvah of Pesach Sheini – a second Pesach. If a person could not bring the first Pesach lamb, he was allowed to bring his lamb and eat matzot a month later. This is the only mitzvah of its kind. If a person did not fast on Yom Kippur or blow shofar on Rosh Hashana, he can't do it a month later. Why did Pesach get this compromise? The answer is that there were people who were unclean from carrying the bones of the tribe, of Yosef. They came forward to be included in the mitzvah. We see that when we seek out to do the correct thing G-d takes notice, and He gave the people a concession of a second chance. This is a life lesson, to seek to do good, and Hashem will respond with compassion.

Good Shabbos,

Love,
Rabbi and Rochel Suchard

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Positive Speech

By [Naftali Silberberg](#)

Towards the end of this week's Torah portion we read that Miriam, Moses' older sister, was punished with *tzara'at* (a skin disease commonly mistranslated as leprosy) for speaking negatively about Moses. After the divine revelation at Mount Sinai, Moses separated from his wife Zipporah. Unaware that Moses had received G-d's consent for this action, Miriam expressed her disapproval to their brother Aaron. Although Miriam intended no harm, she was guilty of speaking *lashon hara* (evil gossip), especially unbecoming a woman of her spiritual stature.

Lashon hara does much harm and tears asunder families and friendships. The gravity of the sin is demonstrated by the fact that the Talmud reckons "consistent *lashon hara* speakers" as a group that will not merit greeting the *Shechinah* (Divine Presence)! Thankfully, *lashon hara* awareness has increased in the last few decades, largely influenced by the passionate writings of the "*Chafetz Chaim*" (Rabbi Israel Meir Kagan, 1838-1933) on the subject.

There are two ways to approach this mitzvah. The simple method is abstinence and self-discipline. The natural temptation to indulge in gossip must be quelled. This is a difficult task because the struggle is ongoing and constant, but ultimately the mind can and must control the desires of the heart.

Rabbi Schneur Zalman of Liadi, the "Alter Rebbe," offers an alternative approach:

"Therefore, my beloved and dear ones, I beg again and again that each of you exert himself with all his heart and soul to firmly implant in his heart a love for his fellow. And, in the words of Scripture "let none of you consider in your heart what is evil for his fellow." Moreover, [such a consideration] should never arise in one's heart [in the first place]; and if it does arise, one should push it away from his heart "as smoke is driven away," as if it were an actual idolatrous thought. For to speak evil [of another] is as grave as idolatry and incest and bloodshed. And if this be so with speech, [then surely thinking evil about another is even worse]; for all the wise of heart are aware of the greater impact [on the soul] of thought over speech!"

Someone who exerts self-control over his speech is constantly involved in (fighting) negativity – "I can't say this, I shouldn't relate that, etc." Such a person is doing a great good by not conveying his negative feelings to others, but his heart is not yet a sanctuary for G-dliness. On the other hand, a person who works to really respect every individual and eradicates all negativity from his heart becomes a naturally loving person. Instead of fighting the darkness, he is expelling it through shining a light in his heart.

FUNNY THINGS: G-d and the Professor

An atheist professor was teaching a college class and he told the class that he was going to prove that there was no G-d. He said, "G-d if you are real, then I want you to knock me off this platform. I'll give you 15 minutes!"

Ten minutes went by. He kept taunting God, saying, "Here I am G-d, I'm still waiting." He got down to the last couple of minutes and a big 240-pound football player happened to walk by the door and heard what the professor said. The football player walked into the classroom and in the last minute, hit the professor full force, sending him flying off the platform.

The professor got up, obviously shaken, and said, "Where did you come from, and why did you do that?"

The football player replied, "G-d was busy; He sent me!"

CLASSIFIEDS

Morning Minyan

Become a **MINYANAIRE** by joining our Second Morning Minyan – each day!
We have spare Tefillin and will gladly show you the ropes – Venue: Games Room

**Please let the office know of anyone who is in need of our prayers
And also share with us any good news as well**

Annual General Meeting

The Annual General Meeting of the Beth Hamedrash Hagadol Sandton will be held on the 14th June 2018 at 7.30pm in the Upstairs Shul

THE EYES HAVE IT

Why are our faces so oddly shaped?

Everything on your face protrudes—your nose, your lips and your ears all stick out. Only the eyes are recessed backward into the skull. This does us a great service. If the eyes would protrude forward like the nose does, any blow to the face might harm the fragile, intricate machinery of the visual system. Instead, when something hits your face, the bony ridge around your eyes absorbs most of the impact. The eyebrows prevent sweat from running straight into your eyes, and automatically blinking your eyelashes keeps dust and insects away, too.

Adapted from Emunah: A Refresher Course



YOTZER OHR:
DAILY RENEWAL

We go to sleep when it's dark and cold outside, and wake up every morning to see the sun shining. When we see this, we are inspired to think about the Creator. That is why the first *bracha* before Shema is about the creation of the heavenly luminaries.

But it's not only light that this *bracha* discusses. We say, "*Ma rabu maasecha Hashem! Malah ha'aretz kinyanecha.*" Seeing the sun renewed every morning reminds us that the entire world is Hashem's creation, maintained and guided by Him.

Adapted from *Biur Tefillah* (Ani Maamin Foundation)